

SATYANANDA YOGA

Wednesdays 7 - 8.30pm

Suitable for Beginners & those returning to YOGA

St Timothy's Church Hall & Community Centre, Swinburn Way, off Byron St, Daybrook, Nottingham NG5 6BX

For further information & booking contact Sarah (Satya Kripa):

Sk-09@live.co.uk 0115 9780906/07761660488

www.sycnottingham.com

Continues from Wednesday 11th January 2012 (No class 15/2/12)

£72.00 for 12Wks when paid in advance (preferred) OR £7.50 per wk.
Individual payment options can be discussed



I WISH TO BOOK FOR: Satyananda Yoga - Wednesday 7-8.30.

NAME ADDRESS.....

.....POST CODE

☎: HOMEMOBILE

EMAIL (if opened regularly)

Send to: S. Abernethie, 52 Rufford Road, Sherwood, Nottingham, NG5 2NR