



# YOGA - SATYANANDA STYLE

Wednesdays 7 - 8.30pm, Starting 12/01/2011

*Suitable for Beginners*

St Timothy's Church Hall & Community Centre, Swinburn  
Way, off Byron St, Daybrook, Nottingham NG5 6BX

For further information & booking contact Sarah  
(Satya Kripa) at:

[Sk-09@live.co.uk](mailto:Sk-09@live.co.uk) 0115 9780906/07761660488

[www.sycnottingham.com](http://www.sycnottingham.com)

£72.00 for 12Wks. £66.00 when booked before 31/12/10.

Alternative payment options can be discussed



I WISH TO BOOK FOR: Satyananda Yoga - Wednesday 7-8.30.

NAME ..... ADDRESS.....

.....

.....POST CODE .....

 HOME ..... MOBILE .....

EMAIL (if opened regularly) .....

COST: £72.00/£66.00 for 12 weeks payable to: S.Abernethie

Send to: 52 Rufford Road, Sherwood, Nottingham, NG5 2NR